

Redditch Social Prescribing Service

When life throws those difficult problems we can help you through them.

We can support with:

- Loneliness
- Finances
- Housing problems
- Life changes
- Accessing work
- Mental health & wellbeing
- Long term health conditions

Social Prescribers help different people in different ways, as it is a very personalised process. However, it always starts with a conversation about what is important to you.

To find out more click the link below

[https://www.carersworcs.org.uk/
social-prescribing-services](https://www.carersworcs.org.uk/social-prescribing-services)

